

2015 HepCBC Facebook Posts

Would you like to host a movie night showing the documentary "Deal with it: Untold Stories of Hepatitis C in Canada"? We can help! Message us or e-mail us! Here's a preview:

<https://www.youtube.com/watch?v=dvbpqKF964k>

Updated Jan 27, 2015, 12:54 PM



#SelfieHepatitisC#SelfieHepatitisC

Take a selfie to help raise awareness of the disease and reduce stigma! More than 1.5 million selfies to support the cause have already been taken!

Thanks World Hepatitis Alliance!

Jan 29, 2015, 10:36 AM

Positive Living Fraser Valley Society

Is pleased to invite you to this exciting FREE event "Working in Collaboration for Hep C Support" Friday March 13, 2015

Ramada Inn

19267 Lougheed Highway, Pitt Meadows

Educational Presentations 9:00 am - noon

Service Providers Roundtable Discussion 1:00 pm – 3:00 pm

A Great Lunch and Refreshments will be provided Check it out!

Updated Mar 11, 2015, 10:32 AM

<http://www.nelsonstar.com/community/295253131.html>

This popular event raises funds for the ANKORS Foundation Fund, which benefits people living in the Kootenay Boundary with Hepatitis C.

@[798431220237209:274:Ankors East Kootenays]

Updated Mar 11, 2015, 11:32 AM

Great new video from the Gastrointestinal Society. Share with your family and friends!

@[232945078576:274:Gastrointestinal Society]

<http://www.badgut.org/information-centre/multimedia/hepatitis-c-video/>

Updated Mar 18, 2015, 2:28 PM

<http://app.volunteer2.com/Public/Umbrella/UmbrellaSearchViewActivity?umbrellaGuid=76ed73dc-a57a-4f23-acc2-ac1d36636008&searchType=7&searchId=0&activityId=410775&keywords=hepcbc&IncludeDateRangeInSearch=False>

Updated Mar 20, 2015, 10:04 AM

Today is the international Day of Happiness! Did you know

"Social isolation is as potent a cause of early death as smoking; and the epidemic of loneliness is twice as deadly as obesity."

HepCBC wishes you a happy and interactive day of happiness with your community

#internationaldayofhappiness

Mar 20, 2015, 10:41 AM

<http://www.canadian-universities.net/Volunteer/Hepatitis-C-Education-and-Prevention-Society.html>

Updated Mar 20, 2015, 11:27 AM

http://www2.news.gov.bc.ca/news_releases_2013-2017/2015HLTH0014-000386.htm Wow!! BC PharmaCare will now cover Sovaldi and Harvoni!!!!!!!!!!!!!!

Updated Mar 24, 2015, 9:44 AM

Ontario also to offer coverage for Harvoni! <http://www.lfpres.com/2015/03/24/ontario-funding-hepatitis-c-drug>

Updated Mar 24, 2015, 9:51 AM

A reminder that HCV is a global epidemic... http://www.business-standard.com/article/companies/most-hepatitis-c-affected-untreated-in-india-115032301196_1.html

Updated Mar 24, 2015, 1:35 PM

"In Philadelphia, as in many cities, neighborhoods with high rates of hepatitis C virus (HCV) often also have limited access to screening and treatment. A new study in the Journal of General Internal Medicine shows that when expert advocates made a focused effort in a medically underserved area, they were able to help vulnerable patients leap each of the many hurdles that often keep people out of care."

http://www.eurekalert.org/pub_releases/2015-02/bu-sdc021315.php

Updated Mar 24, 2015, 1:40 PM

Yesterday was World Tuberculosis Day. World TB Day commemorates 24 March 1882 when Dr Robert Koch discovered what causes tuberculosis.

Co-infections of TB and HCV can lead to problems with treatment and a nasty combination of symptoms.

<http://www.thebody.com/h/symptoms-of-having-tb-and-hep-c.html>

Updated Mar 25, 2015, 2:38 PM

The end of March leads us into National Minority Health Awareness Month (April!). <http://www.cdc.gov/minorityhealth/MHMonth.html>

On this note, did you know in Canada, 20% of hepatitis C cases are among immigrant populations? Hepatitis C is more common among immigrants than among Canada's general population. Let's encourage all Canadians to get tested this month and help promote health, well-being and equitable

Updated Mar 31, 2015, 12:45 PM

<https://www.youtube.com/watch?v=10nLBYXnvps&feature=youtu.be>

Updated Mar 31, 2015, 12:59 PM

"Immigrant Outreach about Hepatitis C in British Columbia" presentation in Toronto for Canadian Society for International Health (CSIH)

Check it out!

<https://www.youtube.com/watch?v=WOjC9eFWYBI>

Updated Apr 1, 2015, 2:26 PM

<http://www.cbc.ca/news/canada/british-columbia/hepatitis-c-breakthrough-drug-coverage-a-lifesaver-for-b-c-man-1.3019159>

Updated Apr 2, 2015, 1:30 PM

April 7th is 'World Health Day', celebrated on the anniversary of the founding of WHO (World Health Organization) in 1948. Let's take a minute today to engage someone in conversation about health and HCV testing, prevention, and destigmatization!

Updated Apr 7, 2015, 10:54 AM



Great meeting today with Murray Rankin, Member of Parliament and Official Opposition Critic for Health!

@[113413235475306:274:Murray Rankin]

Apr 8, 2015, 1:12 PM

http://www.philly.com/philly/opinion/20150408_Too_many_unaware_they_carry_hepatitis_C_virus.html

Hepatitis C: You can have it and now know. Get tested!
"Now you are a gym rat and a vegan, and everyone envies how healthy you look. But hepatitis C is a wily and silent virus; it hides for decades, just waiting to jerk your life around, springing into lethal action when least expected."
Updated Apr 9, 2015, 11:49 AM

<http://hepcblog.amjmed.com/hep-c-101/urgent-need-to-implement-cdc-usptf-birth-cohort-hepatitis-c-testing/>

"While there have been many recent notable advances in the treatment of hepatitis C, these advances can only help those individuals who are tested and identified. Unfortunately, the proportion of unidentified anti-HCV positive persons has been estimated as ranging from 40% to 85%, and it's estimated that 45% to 60% of adults with HCV infection will go on to develop cirrhosis over the next 2 to 5 decades... Baby Boomers account for an estimated three-quarters of all HCV infections and HCV-associated deaths in the United States."

Updated Apr 14, 2015, 9:49 AM

This week is Volunteer Appreciation week. As an organization primarily run by volunteers, HepC BC would like to thank all of our wonderful volunteers for all of their dedication and hard work!

Apr 14, 2015, 10:30 AM

Updated Apr 15, 2015, 2:54 PM

<http://hepcbc.ca/2015/04/mp-health-critic-murray-rankin-gets-tested-for-hepatitis-c/>

Updated Apr 17, 2015, 10:28 PM

Another great poster from CATIE

Updated Apr 23, 2015, 2:14 PM

You can make hepatitis C treatment in BC more competitive by helping AbbVie's HOLKIRA PAK get covered by BC Pharmacare. HepCBC is collecting patient input, and will make a Patient Group submission, but needs your help answering a few questions.

Send your answers to office.hepcbc@gmail.com before midnight May 15th. Here are the questions:

<http://hepcbc.ca/questions-bc-pharmacare-holkira-pak/>

Updated Apr 26, 2015, 3:34 PM

"Researchers have long known that patients with hepatitis C are at increased risk of liver cancer. But a new study recently presented at the European Association for the Study of the Liver's 50th International Liver Congress in Vienna, Austria, finds hepatitis C may also raise the risk of developing other cancers." <http://www.medicalnewstoday.com/articles/293082.php>

Updated Apr 28, 2015, 9:56 AM

Remember, we help facilitate showings of the documentary 'Deal with it: Untold Stories of Hepatitis C in Canada'. Get in touch to host a movie night today!

Deal with it exposes the state of Canada's Hepatitis C epidemic, one of the most pressing but least discussed health concerns facing the country today. Currently, 300,000 to 500,000 Canadians are estimated to have Hepatitis C, a deadly virus that attacks the liver and is associated with significant morbidity that can lead to liver cancer, transplantation or death. And yet a majority of Canadians infected with Hepatitis C remain undiagnosed. Misunderstood by the general public and government agencies, Hepatitis C has never garnered the appropriate attention or resources that a serious public health threat demands. Through gripping interviews with patients and healthcare providers, Deal with it documents the despair and the hope of everyday Canadians struggling to navigate their way through systemic and societal hurdles to deal with a chronic viral disease for which there's not only an effective treatment -- there's also a cure.

You can find the trailer here: <https://www.youtube.com/watch?v=dvbpqKF964k>

Updated Apr 28, 2015, 1:35 PM

Have you wondered about the different kinds of hepatitis?

HepC BC (www.hepcbc.ca) will have a table at Victoria Flea Market on Sunday, May 10th, from 10am to 4pm. Information on hepatitis C testing, treatment, support, and prevention. The Victoria Flea Market is located in Market Square.

<http://www.victoriafleamarket.com/>

Updated Apr 29, 2015, 10:10 AM

Deal with it: Untold Stories of Hepatitis C in Canada will be showing in Nanaimo May 8th at the University of Vancouver Island. The film will be shown in building 250, room 125. 6pm to 8pm!

<https://www.youtube.com/user/dealwithitfilm>

Updated Apr 29, 2015, 2:07 PM

"Positive results seen in historically difficult-to-treat patients without changing other medications, including those post-

transplant with genotypes 1 and 3"

<http://www.stockhouse.com/news/press-releases/2015/04/29/hepatitis-c-cure-rate-of-94-achieved-in-patients-post-liver-transplant-and-up>

Updated Apr 29, 2015, 2:09 PM

Check out World Hepatitis Alliance's fantastic new website!

Updated May 1, 2015, 2:02 PM

Did you know:

MAY is CANADIAN ABORIGINAL HEPATITIS C AWARENESS MONTH

<http://www.caan.ca/2014/04/29/may-is-national-aboriginal-hepatitis-c-awareness-month/>



Updated May 1, 2015, 2:07 PM

In recognition of both National Women's Health Week and Hepatitis Awareness Month, the HHS Offices on Women's Health, Minority Health, and HIV/AIDS and Infectious Disease Policy are co-sponsoring a webinar, Hepatitis C and African American Women, on Thursday, May 7, 2015 – 1:30- 2:45 PM (ET). - See more at:

<https://blog.aids.gov/2015/05/register-today-for-webinar-on-hepatitis-c-and-african-american-women.html#sthash.hXSPiOSH.dpuf>

Updated May 1, 2015, 4:38 PM

<http://www.superiortelegram.com/news/douglas-county/3737427-hepatitis-c-why-people-born-1945-1965-should-get-tested>
Hepatitis C: Why people born 1945-1965 should get tested.

"People born from 1945 to 1965 are five times more likely to have Hepatitis C. While anyone can get Hepatitis C, people born during those years account for 75 percent of all cases...Chronic Hepatitis C can cause serious health problems including liver damage, cirrhosis, liver cancer and even death. Infact, Hepatitis C is a leading cause of liver cancer and the No. 1 cause of liver transplants...Many people can get lifesaving care and treatment. Knowing you have Hepatitis C can help you make important decisions about your health. Successful treatments can eliminate the virus from the body and prevent liver damage, cirrhosis and even liver cancer..."

Updated May 5, 2015, 12:56 PM

- Details about Aboriginal Hepatitis C Awareness Month Campaigns and events!
- Canada's Official Opposition Health Critic MP Murray Rankin pulling up his sleeve to get tested for HCV to help

raise awareness and support Baby Boomer testing!

- How BC PharmaCare has issued a call for Patient Input into whether they should cover AbbVie's new hepatitis C treatment, HOLLIRA
- AND MORE!

Want to subscribe to our monthly bulletin? It just a few seconds here: <http://hepcbc.ca/sign-up-for-mailing-list/>
Updated May 6, 2015, 10:08 AM

Just a reminder that HepCBC's newly updated Peppermint Patti's hepatitis C FAQ is now available! This 150 page document covers HCV basics, medical issues, treatment, research, and more! It is an excellent resource for anyone looking to learn more about HCV

Find it here: <http://hepcbc.ca/peppermint-pattis-faqs/>
Updated May 6, 2015, 10:15 AM

A new service offered in Vancouver: Get Checked Online

What is it? GetCheckedOnline is a new and easy way to test for sexually transmitted infections (STI) in Vancouver, Canada. In a few steps, you can print a lab form, then go to a participating LifeLab site to give your samples and get your results online or over the phone. Although HCV is not exclusively an STI (HCV requires blood to blood contact), this service could be useful for those seeking to maintain anonymity or for those who don't have a family doctor to get tested! If you live in Vancouver, this could be a good fit for you! Read more below:

<https://getcheckedonline.com/Pages/default.aspx>
May 6, 2015, 1:50 AM

Great article! Excellent summary

http://www.heraldextra.com/lifestyles/health-med-fit/health/learn-more-help-prevent-hepatitis-c/article_3545f29f-e5d8-5265-a165-ce3970884388.html
Updated May 6, 2015, 12:39 PM

<http://www.who.int/mediacentre/news/releases/2015/new-essential-medicines-list/en/>

"When new effective medicines emerge to safely treat serious and widespread diseases, it is vital to ensure that everyone who needs them can obtain them," said WHO Director-General, Dr Margaret Chan. "Placing them on the WHO Essential Medicines List is a first step in that direction."
Updated May 8, 2015, 1:04 PM

Join us tonight in Nanaimo for a FREE showing of Deal with it: Untold Stories of Hepatitis C in Canada.

Where: University of Vancouver Island. Building 250. Room 125. When: 6pm to approximately 8pm

FREE refreshments Optional Q&A after the film
See you there!!!!

May 8, 2015, 3:27 PM

http://www.nytimes.com/2015/05/09/health/hepatitis-c-drugs-added-to-who-list-of-essential-medicines.html?_r=0

"Inclusion on the list, which the W.H.O. considers "the minimum medicine needs for a basic health-care system," carries no legal weight but indicates to governments, regulators and drug companies that those medicines should be made available to poor countries at low prices. "

Updated May 12, 2015, 3:33 PM

Check out CATIE's great webinar discussing barriers faced by Aboriginal people in accessing hepatitis C care, and what service providers can do to help.

<http://www.catie.ca/en/first-nations-inuit-and-metis-peoples-and-hep-c>
Updated May 12, 2015, 3:47 PM

HepCBC had a wonderful time at Victoria's Flea Market last Sunday! Special thanks to the Flea Market for hosting us, and everyone who stopped by!



HepCBC at Victoria's Flea Market
May 13, 2015, 10:02 AM

What are you planning for World Hepatitis Day??

Updated May 13, 2015, 10:02 AM

<http://www.prnewswire.com/news-releases/may-19-free-hepatitis-c-testing-300083738.html> Wonderful! If only Canada would follow suit!

"On May 19 – Annual National Hepatitis Testing Day – Hep C Connection and the Colorado Department of Public Health and Environment, in partnership with other non-profits and public health organizations, will host free testing for anyone concerned they may have HCV"

Updated May 14, 2015, 2:39 PM

Powerful article published by Huffington Post

"The long goodbye is often used to describe the drawn out fading of a person's mind, who is suffering from Alzheimer's disease.

http://www.huffingtonpost.com/jennifer-connolly/hepatitis-c_the-long-goodbye_b_7246516.html

Updated May 14, 2015, 3:04 PM

http://www.medpagetoday.com/MeetingCoverage/DDW/51581?xid=nl_mpt_IDSA_confreporter_2015-05-18&eun=g5529645d30r

"The economic benefits of curing hepatitis C can be significant, agreed Marc Ghany, MD, a staff clinician at the NIH's National Institute of Diabetes and Digestive and Kidney Diseases in Bethesda, Md. "

Updated May 19, 2015, 11:47 AM

Today is Hepatitis Testing Day in the USA! Spread the word!

Updated May 19, 2015, 2:37 PM

On Monday, May 25th a number of BC's Members of the Legislative Assembly will be meeting at the Parliament Building to "roll up their sleeves" to take a simple blood test for hepatitis C. These MLAs will be gathering to learn more about hepatitis C and help raise awareness about the importance of getting tested for hepatitis C, especially for baby boomers (born between 1945-1975).

We are URGING all BC Residents to contact their MLA and request they get TESTED and attend the info session May 25th at the Legislature.

PLEASE SHARE and RE-POST!

May 20, 2015, 2:56 PM

"Today I rolled up my sleeve and got tested for Hepatitis C. I urge anyone born between [1945]-1975 to do the same.

80,000 people have the disease but 44% don't know they are infected. Hep C can now be cured. It's worth getting tested"

-Jennifer Rice

Updated May 26, 2015, 10:10 AM

<http://hepcbc.ca/2015/05/baby-boomer-hcv-testing-by-bc-mlas/>

Updated May 26, 2015, 10:11 AM



Victoria, BC, May 25, 2015. From across the aisle and across the province, 16 British Columbia MLAs (Scott Fraser, Carole James, George Heyman, Maureen Karagabus, Lana Popham, Jennifer Rice, Harry Bains, Katrine Conroy, Jenny Kwan, Gary Holman, Simon Gibson, Ralph Sultan and Naomi Yamamoto) and 5 staff volunteered to “roll up their sleeves” to get tested for hepatitis C in hopes they can help broaden, normalize and de-stigmatize use of this test. After hearing that 75% of the people with hepatitis C in Canada are in the age cohort born 1945 – 1965, and 44% of the people who have Hep C don't know it, they decided to show leadership (and courage – who likes needles?) – by getting this simple blood test publicly. The two nurses from Victoria Cool Aid Society and volunteers from HepCBC Hepatitis C Education & Prevention Society said they were surprised at the strong response, and had to turn away three MLAs (Stephanie Cadieux from the government, plus Bill Routley and John Horgan) when they ran out of needles! Victoria Cool Aid Society

May 26, 2015, 10:35 AM

"they are improving therapies and in the near future there will be new drugs able to treat with high success most genotypes.....researchers are in a very promising period for hepatitis C patients."

<http://hepatitisnewstoday.com/2015/05/26/fda-grants-breakthrough-therapy-designation-genotype-1- hepatitis-c-therapy/>

Updated May 26, 2015, 4:36 PM

We want to reiterate that this app is FREE and available on desktop, laptop, mobile, and tablet devices. App users can also call the Help-4-Hep hotline (877-435-7443) directly from the app and discuss their condition with a counsellor.

Learn more about Help-4-Hep and Self Care Catalysts here:

<http://www.pacifichepc.org/hepctip/advocacy/new-hep-c-app/>

Updated May 27, 2015, 10:28 AM

"CLARK, N.J., May 19, 2015 /PRNewswire/ -- The Chronic Liver Disease Foundation (CLDF) announced today that it's collaborating with Walgreens to offer free hepatitis C (HCV) testing with the OraQuick® HCV Rapid Test at more than 60 Walgreens retail pharmacies in 12 major cities throughout the country."

<http://www.prnewswire.com/news-releases/chronic-liver-disease-foundation-and-walgreens-to-launch-hepatitis-c-testing-campaign-300085539.html>

Updated Jun 2, 2015, 2:01 PM

"It's not just injecting drug users who are at risk of hepatitis B and C. Make sure you know all the risks. #PreventHepatitis #WorldHepatitisDay"

Updated Jun 2, 2015, 3:37 PM

A great video of Linda Lawson. Share with your loved ones and encourage others to get tested

<https://blog.aids.gov/2015/05/baby-boomers-get-tested-for-hepatitis-c.html>

Updated Jun 3, 2015, 2:48 PM

"VBI's eVLP vaccine platform has been used to develop a Hepatitis C vaccine candidate that may be capable of eliciting broadly reactive neutralizing antibodies against multiple genotypes of HCV. This is a critical issue for HCV, as the virus is characterized by multiple, geographically distinct genotypes. Addressing the genetic diversity of the Hepatitis C virus may provide an advantage in developing successful antiviral regimens or therapeutic vaccines."

<http://www.marketwatch.com/story/vbi-vaccines-presents-data-at-the-world-vaccine-congress-asia-that-supports-the-potential-use-of-its-evlp-platform-in-the-development-of-a-novel-hepatitis-c-vaccine-candidate-2015-06-03>

Updated Jun 3, 2015, 2:55 PM

What's happening in your home town for World Hepatitis Day? Check out this list of World Hepatitis Day events all over Canada!

<http://whdcanada.org/events/>

Updated Jun 4, 2015, 1:40 PM

"Two hundred of the 1,700 people living on the Ahtakakoop First Nation have Hepatitis C according to the chief. That means about 12 per cent of the band's population is infected; 170 times the national Hep-C infection rate.

Chief Larry Ahenakew stated: "I think it was important to talk to you today just to let other communities know that there is positive results out there," Ahenakew said. "There's hope for families and those affected with HIV and Hepatitis C."

<http://www.cbc.ca/news/canada/saskatchewan/hep-c-chlamydia-and-gonorrhea-rampant-increasing-on-sask-reserves-1.3097651>

Updated Jun 9, 2015, 1:29 PM

"The #justB campaign, a project by the Association of Asian Pacific Community Health Organizations, is a story collection campaign that aims to increase HBV awareness and decrease stigma associated with the disease.

"Hepatitis B took all of my siblings and now I am in danger, but I am not giving up hope." You can read

Baltazar's full story and others here on the #justB campaign website. <http://goo.gl/DUJZoz>

The Association of Asian Pacific Community Health Organizations has created a story collection campaign to share the stories from everyday people affected by #hepatitis B

This campaign hopes to help people feel less afraid to talk about the disease and #justB.

Visit the #justB campaign website to read other inspiring stories and find out how to share your story or encourage others to share theirs. <http://goo.gl/0oUzP1>

Updated Jun 11, 2015, 10:59 AM

Encourage your loved ones to get tested, TODAY!

"...getting tested means being one step closer to treatment and to the day when you too can say, "I'm cured." "

http://www.cleveland.com/opinion/index.ssf/2015/06/hepatitis_cs_hidden_dangers_-.html

Updated Jun 11, 2015, 12:01 PM

It can take decades to be diagnosed with #HCV

Why? Hepatitis C can have few obvious symptoms for years, and current approaches to screening only encourage a select few to get tested. Read more:

Updated Jun 11, 2015, 12:40 PM

A report from Public Health England has revealed that hepatitis B and C account for 93% of ALL prison disease reports in 2014. This alarming figure shows the importance of improving prison health worldwide to benefit health of communities!

Updated Jun 16, 2015, 12:24 PM

Curious about #WorldHepatitisDay ?? Check out what's going on this year and how you can get involved in this year's campaign!

Updated Jun 16, 2015, 12:26 PM

Check out this article and share a few things fathers affected by hepatitis B can do for themselves and their family!

#hepatitisb #hepatitis #fathersday

Updated Jun 16, 2015, 4:27 PM

Are there factors that could help you or a loved one predict how quickly HCV will progress? #hepatitis #hepatitisc #HCV

Updated Jun 16, 2015, 4:29 PM

Between increased awareness and recently improved treatment, eradicating hepatitis C from the planet has come a LONG way, but there is still a ways to go...

Updated Jun 17, 2015, 4:27 PM

Feeling fatigued? Everyone has felt this way at some point in their life whether they are positive with #HCV or not. Still, every little tip helps!

Updated Jun 17, 2015, 4:30 PM

Island Sexual Health] will be at this weekend's Fernfest on Saturday from 10-5 in Victoria, BC!

Check out some crafts and learn more about Island Sexual Health!

Updated Jun 17, 2015, 4:33 PM

June is Brain Injury Awareness Month!

Remember, hepatitis C is a virus that affects the liver. But when the liver doesn't function properly, it can affect the entire body, including the brain. Many people with #hepatitisc experience "Brain fog". This is a term used to describe an overall feeling of mental fogginess including forgetfulness, concentration problems, and confusion. Help raise awareness about the many ways our brains can be affected by supporting Brain Injury Awareness Month!

Victoria Brain Injury Society]

<http://biac-aclc.ca/category/brain-injury-awareness-month/>

Updated Jun 17, 2015, 4:40 PM

TOGETHER WE CAN (Australia) <https://www.hepatitisaustralia.com/together-we-can>

Updated Jun 17, 2015, 4:45 PM

Together we can see our future as happier, healthier, and hepatitis free. Learn more about how #hepatitis impacts people all over the world. How is your region affected? Updated Jun 18, 2015, 10:32 AM

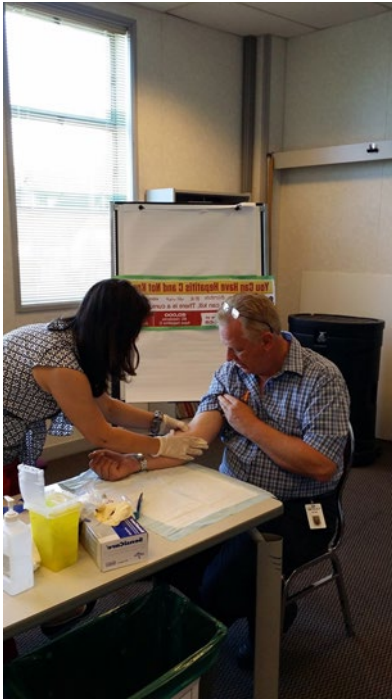
Jun 18, 2015, 10:32 AM

EXCITING UPDATE:

This morning Nanaimo's mayor, Bill McKay "rolled up his sleeve" to get tested for hepatitis C! He agreed to get publicly tested to help promote a month-long transit campaign taking place in seven BC cities (including Nanaimo) to raise awareness about the importance of getting tested for hepatitis C, especially among those born between 1945 and 1975. There are so many ways to get hepatitis C that almost anyone could have it.

Jun 23, 2015, 11:10 AM





#Nanaimo Councillor Wendy Pratt joined the Mayor of Nanaimo in getting publicly tested for hepatitis C this morning!!!
Jun 23, 2015, 12:02 PM



The BEST way to #reducestigma is to increase AWARENESS about #hepatitis C and B!
"A majority of people with hepatitis B or C tell family, friends, and sometimes work colleagues about their infection, but this often leads to discrimination including avoiding physical contact, not being invited to social events, and even loss of employment..."
Updated Jun 24, 2015, 2:34 PM

FUN FACT!: Each year, WORLD HEPATITIS DAY has a different theme. Past themes include: "Get tested" and "This is hepatitis" This year, the theme will be "prevention of viral hepatitis" #preventhepatitis #worldhepatitisday #HCV According to the World Health Organization,
Jun 24, 2015, 3:28 PM



On June 25th, HepCBC presented to Victoria's City Council about hepatitis C and our upcoming HCV awareness campaign in July. Here is Mayor Lisa Helps and Councillor Chris Coleman, Councillor Jeremy Loveday, Councillor Margaret Lucas, and Councillor Pamela Madoff posing with our campaign ads!!!!

#HCV #HepCTest #WHDCanada2015 #HepCBusAd#hepatitisC #health
#BCpoli #BCleg #YYJ #Victoria
Jun 29, 2015, 1:11 PM

Happy (early) Canada Day! Our Office will be closed tomorrow, including during our drop-in hours. Please feel free to call and schedule a meeting for another day or drop in next Wednesday!

Jun 30, 2015, 1:09 PM

There are people inside and outside of prisons being denied treatment. EVERYONE should have access to treatment
Updated Jun 30, 2015, 2:50 PM



HepCBC will be at Tillicum Shopping Center this Saturday (July 25th) from 10am to 3pm at the Community Booth! Come Say HI!

Jul 20, 2015, 11:58 AM

HepCBC past president and liver transplant recipient Steve Farmer to tackle a triathlon!!!!
"He wasn't an alcoholic. What he learned, was that he'd been living his adult life with Hepatitis C, for perhaps 25 years. Ten and a half years later, Farmer is going to the World Transplant Games (in Mar del Plata, Argentina, Aug. 23 to 30) for the first time, and is scheduled to do the Self Transcendence Triathlon on Aug. 2 at Elk Lake."

<http://www.saanichnews.com/sports/315992991.html>

Updated Jul 20, 2015, 1:49 PM

Will you be in Victoria on July 28th, World Hepatitis Day?

JOIN US (AVI, VPWAS, SOLID, and HepCBC) at 1:30pm in Centennial Square to walk together over to the Legislature, where the event will begin at 2pm. After a brief welcome and introduction, Councillor Charlayne Thornton-Joe (acting Mayor) to read the Mayor's declaration, and say a few words about World Hepatitis Day. Then there will be two or three experiential people talking briefly about their experiences with hepatitis C, and some moving drumming from Aboriginal guests. @[221277862889:274:AIDS Vancouver Island] <https://www.facebook.com/events/424965081037977/>

Updated Jul 21, 2015, 10:33 AM

Support is important for everyone, including those with #HCV

Updated Jul 22, 2015, 10:38 AM

"We used to think that the incidence and prevalence of hepatitis C were relatively stable, with the rate of new infections decreasing significantly after screening blood products and because universal precautions lowered iatrogenic exposure. Yet, up to two thirds of chronically infected individuals are unaware of their disease status."

<http://www.medscape.com/viewarticle/848249>

Updated Jul 22, 2015, 3:58 PM

Don't know how to talk about hepatitis C with friends and family? Maybe look over this fact sheet together :)

http://hcvadvocate.org/hepatitis/factsheets_pdf/Brief_History_HCV.pdf

Updated Jul 22, 2015, 4:16 PM

SPOTTED! Have you seen HepCBC's bus ads?? If so, snap a photo and send them to us!#HCV #Hepatitis #Worldhepatitisday #WHD

Jul 23, 2015, 10:31 AM



According to this survey, more respondents were diagnosed with Hep C through blood tests indicating liver disease that required follow-up testing than those who were actually experiencing symptoms of Hep C. Learn more:

<http://tinyurl.com/nhs9ndg>

Updated Jul 23, 2015, 10:35 AM

'Deal with it' Documentary on Canada's Hepatitis C Epidemic Now Available on iTunes, Awareness Campaign Launches for World Hepatitis Day

The producers are asking anyone who has been touched by the disease to post a video or photo on Facebook and/or Twitter (#DealwithitHCV) wearing a "Deal with it / Dealt with it" wristband explaining how they are personally dealing with, or have dealt with, hepatitis C.

#WorldHepatitisDay

ASK #1: PREVENTION

Prevent viral hepatitis through vaccination, improved education, and harm reduction.

@ACTIONHEPCANADA
Working toward an improved response to Hep B & C for all Canadians.

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ASK #2: ACCESS

Coordinate the system of care to offer equal access to care, treatment, and drug coverage.

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ASK #3: RESEARCH

Encourage and fund research to increase knowledge, innovation, and surveillance.

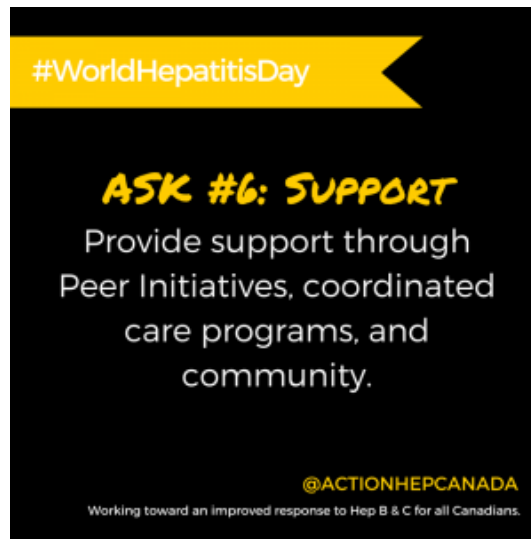
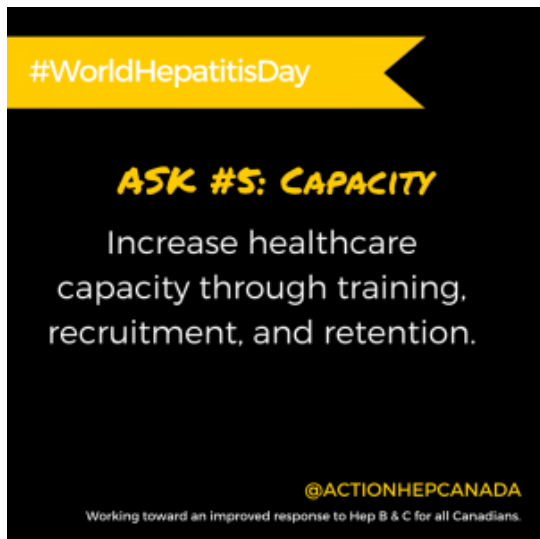
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ASK #4: AWARENESS

Raise awareness by breaking down stigma and educating on risk factors and the need for testing.

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6 National Asks @actionhepcanada

"A committee of Canadian organizations collaborating on plans for World Hepatitis Day 2008 discussed, developed and arrived at a consensus on 6 national Asks specific to Canada. These were presented as part of World Hepatitis Day 2008. In 2009, recognizing that Canada did not have a national strategy or comprehensive system for addressing hepatitis B and C, the Canadian Coalition of Organizations Responding the Hepatitis B and C (now known as Action Hepatitis Canada) was born."

Jul 23, 2015, 11:44 AM

Place: In front of BC Legislature Building, Victoria, BC
From Jul 28, 2015, 8:30 PM to Jul 28, 2015, 9:15 PM

On World Hepatitis Day the BC Legislature will get lit up (1st time!) in RED & YELLOW! Come at 8:30 pm to share memories of people we've lost to liver disease. Light a candle, sing a song, tell a story. At 9:00 the lights will come on, and they'll remain on until 1 am. RED is for blood, because both hepatitis B & C are spread through the blood. YELLOW is for the liver, which is affected by both diseases. Sponsors: HepCBC, AIDS Vancouver Island, VIPWAS, SOLID, and other community partners in World Hepatitis Day 2015 Victoria. Info: 250-595-3892

Please share this event!

Updated Jul 23, 2015, 12:55 PM

Make sure to follow us on Twitter! Username: @hepcbc

Jul 23, 2015, 1:24 PM

Place: In front of BC Legislature Building, Victoria, BC
From Jul 28, 2015, 8:30 PM to Jul 28, 2015, 9:15 PM

On World Hepatitis Day the BC Legislature will get lit up (1st time!) in RED & YELLOW! Come at 8:30 pm to share memories of people we've lost to liver disease. Light a candle, sing a song, tell a story. At 9:00 the lights will come on, and they'll remain on until 1 am. RED is for blood, because both hepatitis B & C are spread through the blood. YELLOW is for the liver, which is affected by both diseases. Sponsors: HepCBC, AIDS Vancouver Island, VIPWAS, SOLID, and other community partners in World Hepatitis Day 2015 Victoria. Info: 250-595-3892

Jul 23, 2015, 2:36 PM

#Worldhepatitisday is only 4 days away! This year, so many important buildings, structures, and spaces are going to be LIT UP in YELLOW and RED. In Vancouver, BC PLACE and SCIENCE WORLD will be lit up! In Victoria, The LEGISLATURE BUILDING will be shining bright red and yellow! Other places include: The CN Tower, The Canadian and American sides of Niagara Falls, The Heritage Building Ottawa, and the Halifax City Hall!!!!

Snap a picture of any of these light ups and share with us facebook and twitter! #LightsUp4Hep

Jul 24, 2015, 10:42 AM

"With World Hepatitis C Day on Tuesday, the doctor of a Downtown Eastside pop-up clinic says awareness is a key to prevention... "The medical system can be a very important tool of positive social change,""

<http://vancouver.24hrs.ca/2015/07/23/pop-up-clinic-sheds-light-on-hep-c>

Updated Jul 24, 2015, 10:47 AM

"23 July 2015 – The World Health Organization (WHO) announced today that it will commemorate the fifth World Hepatitis Day next week with a global injection safety initiative campaign in three pilot countries together with the foundation arm of IKEA to combat the “silent epidemic” that kills more than 1.4 million each year."

<http://www.un.org/apps/news/story.asp?NewsID=51482#.Vbj6PflViko>

Updated Jul 24, 2015, 10:51 AM

"Campbell River politicians are being asked to roll up their sleeves in a challenge against their Courtenay counterparts... Coun. Ron Kerr, Coun. Colleen Evans and Mayor Andy Adams committed to take the test on July 28 at the AIDS Vancouver Island office while Coun. Michele Babchuk asked

<http://www.campbellrivermirror.com/news/318319771.html>

Updated Jul 24, 2015, 11:15 AM

Make sure to follow us on our brand new Instagram account.

Username: @hepcbc

Jul 27, 2015, 3:31 AM



Spotted in Saanich, BC (Victoria) on September 23, 2015!!

Sep 25, 2015, 9:40 AM