# SENIOR LIVING & HEPATITIS C



Hepatitis C Education and Prevention Society 2015, Victoria, British Columbia

## Why Should We Get Tested for Hepatitis 7 所炎 אוניא viêm gan hépatite ਰੇਪੇਟਾਇਟਸ •



Newcomers to Canada often got hepatitis B or C through common medical practices in their home country, or even from their mother during birth. Immigrants of any age should consider testing for hepatitis B and C, and getting a hepatitis B vaccination.



"Baby-Boomers" (born 1945-1965) represent 75% of hepatitis C cases, but many don't know they have it. There may be no symptoms for many decades until suddenly the person is diagnosed with severe liver disease, or told a liver transplant is necessary.



In Northern, remote, and First Nations communities, it is important everyone works together to remove barriers to accessing hepatitis C testing and treatment, and to combat stigma. The first step is to begin talking about hepatitis C.

### Baby Boomer Screening Targets the Most Vulnerable to HCV Morbidity and Mortality

- 73% of HCV-related deaths are in this cohort. A one-time-only hepatitis C Screen-Treat-Cure program in Canada for Baby Boomers would prevent at least 21,000 HCV-related deaths
- This sort of screen-treat-cure approach "is likely to be cost-effective, at \$34,359 to \$44,034 per QALY (Quality-Adjusted Year of Life) gained…"

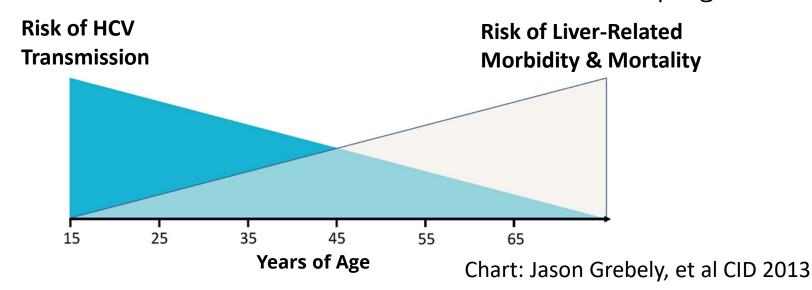
Sources: CDC: Centers for Disease Control and Prevention (August, 2012) and Cost-effectiveness of screening for hepatitis C in Canada, William W.L. Wong PhD, Hong-Anh Tu PhD, Jordan J. Feld MD MPH, Tom Wong MD MPH, Murray Krahn MD MSc http://www.cmaj.ca/content/early/2015/01/12/cmaj.140711.full.pdf



#### Risk of Transmission vs. Risk of Dying

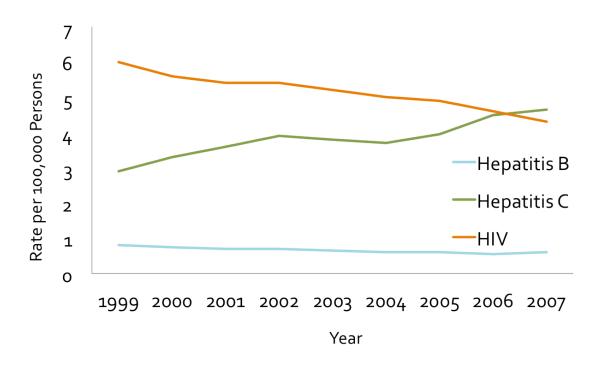
Younger people are at greater risk of contracting or transmitting HCV (Hepatitis C Virus) and generally need targeted RISK-BASED PREVENTION-MONITOR-TREAT-CURE programs.

**Older people** (who may have used drugs at one time) are at far greater risk of HCV-related morbidity and mortality, and generally need an **AGE COHORT BASED 1 TIME SCREEN-TREAT-CURE** program.



#### **HCV: A LIFE AND DEATH ISSUE**

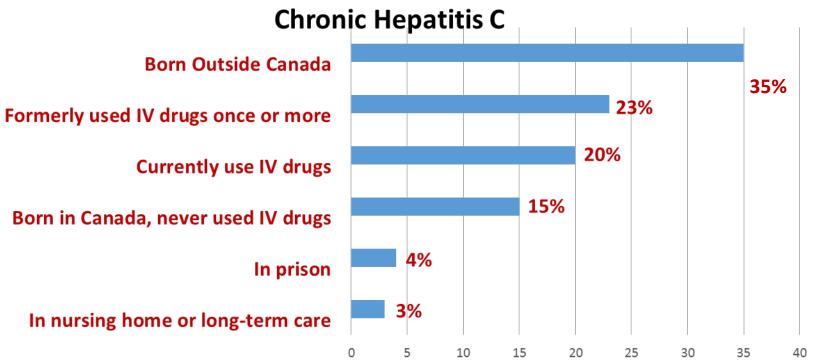
Since 2006, more people have died of hepatitis C than of either HIV/AIDS or of hepatitis B.



Ly et al. Annals of Internal Medicine. 2012; 156:271-278

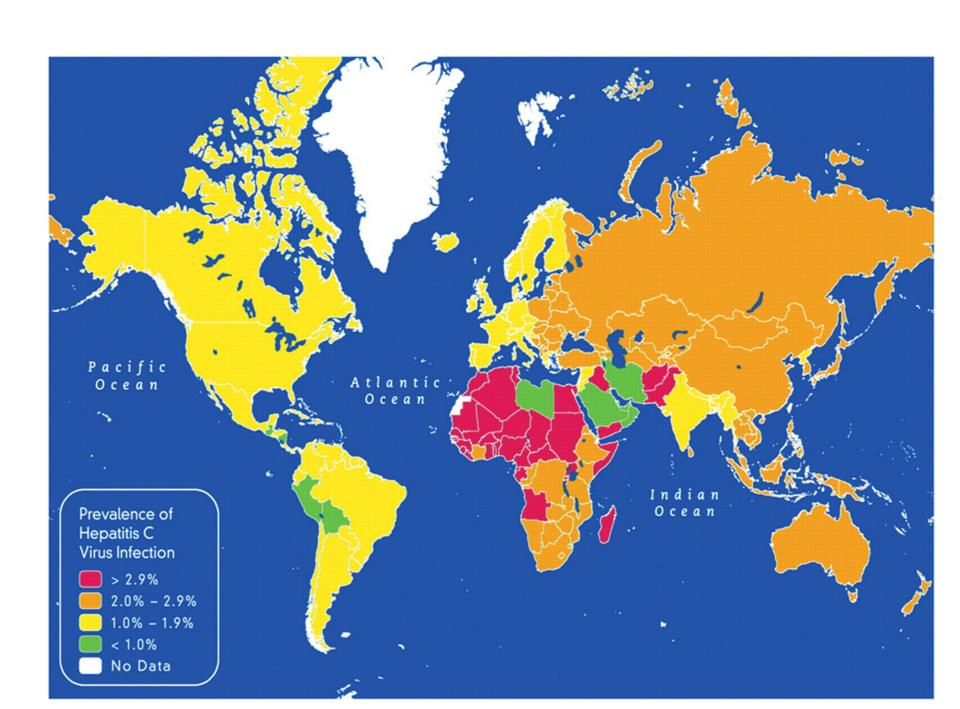
#### Who is living with chronic hepatitis C in Canada?





- Approx. 75% of these 220,000 people are Baby Boomers.
- Approx. 80% of them are not current users of IV drugs.

Data Source: Cdn Communicable Disease ReportCCDR: Volume 40-19, December 18, 2014



- Hepatitis C damages "silently."
- You can have it and not know it.
- It is <u>CURABLE</u> if diagnosed and treated in time (before liver decompensates).
- Hepatitis C liver damage is REVERSIBLE once the virus is gone.

- Some faces of Baby Boomers with hepatitis C in British Columbia
- All are members of HepCBC who have made their diagnosis public in hopes of erasing stigma...

